



LALA LAJPATRAI COLLEGE OF COMMERCE & ECONOMICS

Accredited 'A' Grade by NAAC

Lala Lajpatrai Marg, Mahalaxmi, Mumbai – 400034. Tel. No. 23548240/ 23548241 Fax: 23532896

E-mail: llcolcom@mtnl.in | principal.llc@gmail.com | website: www.lalacollege.edu.in

WOMEN DEVELOPMENT CELL REPORT FOR 2019-20

The College has a Women Development Cell constituted as per the guidelines of University of Mumbai. Following are its main objectives:

- To ensure implementation of the directions of University Women Development Cell in the college.
- To provide appropriate work conditions for women and girl students, and to ensure that there is no hostile environment towards women at work place.
- To create social awareness about the problems of women and problems due to gender discrimination.
- To arrange and to distribute all the publications of the University Cell concerning the directions amongst the teachers, non-teaching employees and students.

Members of WOMEN DEVELOPMENT CELL

- Dr. Neelam Arora (President)
- Dr. Mahalakshmi Kumar (Convener)
- Dr. Ashok Mahadik
- Dr. Arun Poojari
- Ms. Vishakha Walia
- Ms. Miloni Shah
- Mr. Ritesh Shinde
- Ms. Poonam Parab
- Ms. Meena Jangam
- NGO member
- Student Volunteers

Dr. Mahalakshmi Kumar
WDC Convener



Dr. Neelam Arora
Principal



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ACTIVITIES ORGANISED BY WDC IN AY 2019-20

- 1) Gender Audit** for 2 academic years 2016-17 and 2017-18 was done. The Audit Committee visited College on **2nd August, 2019** for scrutiny. The committee members were
 - Ms. Jyoti Mhapsekar, President, Stree Mukti Sangathana and
 - Dr. Hema Mehta, Assistant Professor (Business Law), Tolani College of Commerce.
- 2) WDC Week** was held from **26th – 31st August, 2019**. Various competitions were organized for students as follows:

Mehendi Competition	26 th August, 2019
Cookery Competition	28 th August, 2019
Poster/slogan writing Competition	30 th August, 2019
Best out of Waste Competition	30 th August, 2019
Essay Writing Competition	31 st August, 2019
Rangoli Making Competition	19 th September, 2019

- 3) Guest Lecture on Gender Sensitization** was organized on **30th August, 2019**. Dr. Hema Mehta, Assistant Professor (Business Law), Tolani College of Commerce was the resource person.
- 4) Self-defence Workshop** for girls in collaboration with IQAC and University of Mumbai was organized on **26th September, 2019**. Ms. Priti Prakash Parker, Karate Expert and Self-defence trainer was the resource person.
- 5) Organized PPT Competition on Women and Social Issues on 24th January, 2020.**
- 6) A Workshop on “Warli Painting”** was organized on **29th January, 2020** jointly with IQAC and University of Mumbai. Dr. Siddesh Patil, Academician and Landscape Designer was Resource Person for the workshop. Students and faculties from colleges across Mumbai attended the workshop.
- 7) A Workshop on ‘Self-defence for Girls’ on 31st Jan, 2020** jointly with IQAC and University of Mumbai. Ms. Shruti Siddharth Sawant, Senior Black Belt Karate Expert and Self-defence Trainer was the resource person.
- 8) A Session on ‘Importance of Ethics in Our Life’** was organized for students on **4th March, 2020**. Dr. Smita Karve, Principal, Lala Lajpatrai College of Law was the Resource Person.

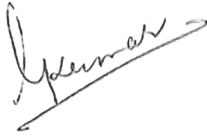
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- 9) **Women's Day was celebrated on 7th March, 2020.** Principal Madam addressed the students about Women Empowerment and their legal rights. Also, a small celebration to honor and felicitate the women members of the college was organized.
- 10) A **webinar on "Stability in Challenging Times"** was organized on **5th May, 2020.** Dr. E. V. Swaminathan, Trainer, Teacher, Counselor and Consultant was resource person for the session.
- 11) A webinar on **"Right Mood for Cooking Right Food"** was organized on **8th June, 2020.** Sister BK Bharti, Spiritual Trainer from Brahmakumaris, was the resource person.



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WDC Convener



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Principal



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GENDER AUDIT ON 2ND AUG, 2019

Women Development Cell got a Gender Audit done on 2nd August, 2019. Mrs. Jyoti Mhapsekar (Convener – President, Shree Mukti Sanghatana Mumbai) & Dr. Hema Mehta (Member – Asst Professor/Business Law, Tolani College of Commerce Mumbai) were the auditors for the same.

Objectives:

- To find out the gender balance existing in different areas.
- To examine the existing policies of the college, rules/ actions towards the needs and interests of all the genders.
- To check whether the college takes active steps to establish good gender balance decision making processes in all areas of the college activities.
- To seek recommendations for bridging the gender the gap, if any.
- To promote growth of gender equality in all aspects.

Outcome: The Gender audit gave an assurance that there was no gender-bias in the college. Equal opportunities were provided to all.

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WDC WEEK

Women Development Cell organized various competitions in the WDC week. The total number of participants were 60 (Females:53 and Males:07)

The following competitions were organised:

Mehendi	– 26 th August, 2019
Cookery	– 28 th August, 2019
Poster / Slogan Writing	– 30 th August, 2019
Best out of waste	-- 30 th August, 2019
Essay Writing Comp	– 31 st August, 2019

Objectives: The main objectives of these competitions were to motivate the students to participate in these activities to create awareness about various gender related issues and problems/challenges faced by women in Indian society and to enable them to showcase their skills of creativity. The theme of the competitions was mainly women and gender related issues and challenges in society.

Outcome: By participating in these competitions, students came to know more new things. These competitions also gave them an opportunity to exhibit their creative talent.



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GUEST LECTURE ON GENDER SENSITIZATION ON 30TH AUG, 2019

Women Development Cell organized a guest lecture on “Gender Sensitization” on 30th August, 2019. The resource person for the programme was Dr. Hema Mehta Assistant Professor (Business law), Tolani College of Commerce. The total number of participants were 47 (Female – 27, Male – 20).

Objective: The objective of the program was to provide an integrated and interdisciplinary approach to understand the social and cultural constructions of gender that shapes the experience of men and women in the society and to make students gender sensitive.

Outcome: Participants understood the need for a gender-equal society for creating a safe, healthy and happy society. It gave them an opportunity to discuss problems due to gender discrimination and suggestions to overcome such gender-bias in the society.

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WORKSHOP ON SELF-DEFENCE ON 26TH SEP, 2019

Women Development Cell organized a workshop on Self Defense on 26th September, 2019. The total number of participants were 40 (Female – 40, Male-00)

Objective: The objective of the workshop was to provide knowledge about the importance of self-defence to females and also to teach them various techniques of self-protection and self-defence.

Outcome: The participants were told about the importance of knowing self-defence techniques for self-protection. In this workshop, girls were also taught some techniques of self-defence during different situations.



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EX-TEMPORE COMPETITION ON 14TH JAN, 2020

Women Development Cell organized Extempore Competition on Women related issues dated on 14th January, 2020. The evaluators for the competition were Ms. Jyoti Singh & Ms. Divyaja Satam. The total number of participants were 09 (Female – 07, Male – 02)

Objective: The objective of the competition was to give a platform to develop communication skills and time management.

Outcome: The students got an opportunity to think spontaneously and to express their thoughts and creative ideas with precision.



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POWER-POINT PRESENTATION COMPETITION ON 31ST JAN, 2020

Women Development Cell organized PPT Making Competition dated on 31st January, 2020. The evaluators for the competition were Mr. Chetan Maru & Mrs. Vidya Bhide. The total number of participants were 22 (Female – 12, Male-10).

Objective: The objective of the competition was to encourage students to exhibit their presentation skills and gain confidence.

Outcome: Students got an opportunity to express their views through PPTs. They made good PPTs which was appreciated by the evaluators which motivated them and also boosted their confidence. They also got some suggestions from evaluators to communicate more effectively.



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WORKSHOP ON WARLI PAINTING ON 29TH JAN, 2020

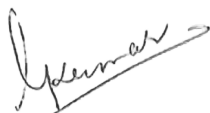
Women Development Cell organized a workshop on Warli Painting on 29th January, 2020. The total number of participants were 42 (Female – 33, Male – 09). The resource person for the workshop was Dr. Siddhesh Patil, an artist and Landscape designer.

Objective: The objective of the workshop was to introduce and inspire about traditional art form (Warli Painting).

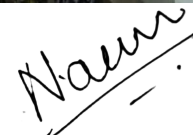
Outcome: Students and all staff members took part in the workshop of Warli painting enthusiastically and had a new experience. The importance and art of Warli painting was taught to them.



The poster is for a workshop on Warli Painting. It features the logos of Lala Lajpatrai College of Comm. & Economics and the University of Mumbai. The text reads: 'LALA LAJPATRAI COLLEGE OF COMM. & ECONOMICS WDC AND IQAC JOINTLY WITH UNIVERSITY OF MUMBAI ORGANIZE WORKSHOP ON "WARLI PAINTING" ON WEDNESDAY, 29TH JANUARY, 2020'. It provides the venue as Room No. 401, 4th Floor, Lala Lajpatrai College, Mahalaxmi, Mumbai-400034, and the time as 10.30 am to 12.30 pm. The resource person is Dr. Siddhesh Patil. A table lists the patrons: Hon. Dr. Shri Kamalji Gupta (Chairman) and Hon. Dr. Shri Sunilji Gupta (Trustee). It also lists Dr. Neelam Arora (Principal) and Dr. Mahalakshmi Kumar (Convener, CWDC). A request is made to confirm participation by SMS to Ms. Vishakha Walia (8149705704) or Dr. Ashok Mahadik (9702009491) or Ms. Delaveen Tarapore (9820359313). At the bottom, there is a decorative border with a Warli painting motif.



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WORKSHOP ON SELF-DEFENCE ON 31ST JAN, 2020

Women Development Cell organized a workshop on Self Defense on 31st January, 2020. The total number of participants were 25 (Female – 25, Male – 00).

Objective: The objective of the workshop was to emphasize the importance of self-defence to females and also to teach them various techniques of self-protection and self-defence.

Outcome: The participants were told about the importance of knowing self-defence techniques for self-protection. In this workshop, girls were also taught some techniques of self-defence during different situations.



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GUEST LECTURE ON 'IMPORTANCE OF ETHICS' ON 4TH MARCH, 2020

Women Development Cell organized a guest lecture on "Importance of Ethics" on 4th March, 2020. The resource person for the programme was Dr. Smita Karve. Total participants were 35 (Males- 14, Females- 21)

Objective: The objective of the program was to understand the importance of ethics in all walks of life and to know ways of dealing with ethical dilemma in different situations.

Outcome: Participants learnt why there was a need to follow ethical principles of truth, honesty and integrity in our day-to-day dealings to achieve success and happiness in life.



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CELEBRATION OF INTERNATIONAL WOMEN'S DAY ON 7TH MARCH, 2020

Women Development Cell celebrated International Women's Day on 7th March, 2020. Felicitation of members of Teaching & Non-teaching staff & students was done. The event consisted of 40 attendees (Male-05, Females-35)

Objective: The objective was to appreciate the efforts of the female staff and students in doing their duties sincerely and efficiently.

Outcome: The celebration helped in increasing the morale of the staff and students alike. They got recognition for their efficient performance. The Principal, Dr. Neelam Arora emphasized the need for giving respect to women throughout the year for their valuable contribution to society.



Mahalakshmi Kumar

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WEBINAR ON “STABILITY IN CHALLENGING TIMES” ON 5TH MAY, 2020

Women Development Cell organized a Webinar on “Stability in Challenging Times” on 5th May, 2020. The resource person was Dr. E.V. Swaminathan, a trainer, teacher and Counsellor. Total Participants were 297.

Objective: The objective of the session was to make the participants aware of the various ways of tackling stress due to the uncertain situation owing to Covid-19 Pandemic and the resultant lockdown.

Outcome: Participants came to know different physical, spiritual and meditational techniques to deal with stress during uncertain situations like COVID-19 Pandemic.

Forwarded

Women Development Cell of Lala Lajpatrai College of Commerce and Economics is organizing an **Online Session** on “**Stability in Challenging Times**”.

Speaker:
Dr. E V Swaminathan.
Trainer, Teacher, Counsellor and Consultant
Recipient of Nation Builder Award

Date: 5th May, 2020
Time: 11:00 am to 12:00 noon.

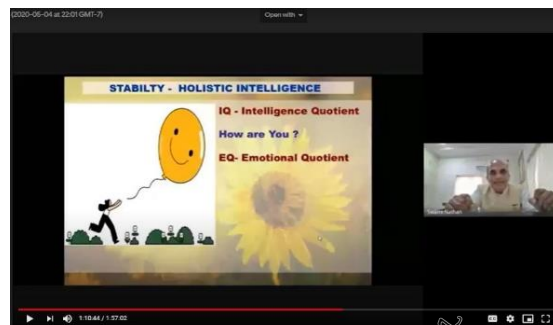
- Those who are interested may please **register** at the following link:
https://docs.google.com/forms/d/e/1FAIpQLSeF-XkqUuC87mskhRgpcm6aNjjeuVJ_xuBecppZH99U5FIdWw/viewform?usp=sf_link
- Kindly **join the whatsapp group** after registration at the following link:
<https://chat.whatsapp.com/GYxnZfWIV9iEMvpuglpBdK>

Registration is free of cost
Participants will be given e-certificates.

6:31 pm



Mahalakshmi
Dr. Mahalakshmi Kumar
WDC Convener



Neelam
Dr. Neelam Arora
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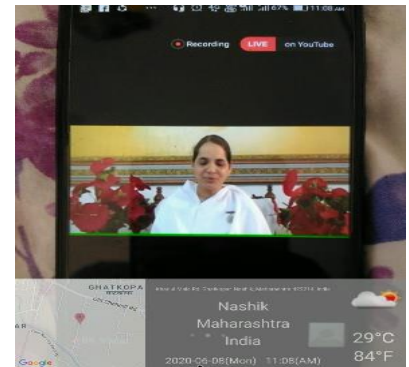
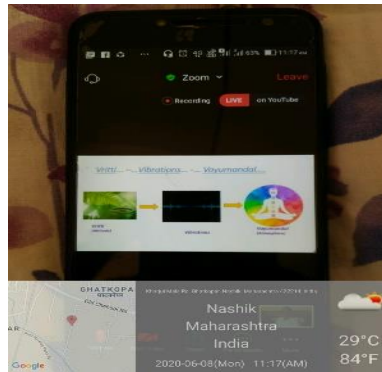
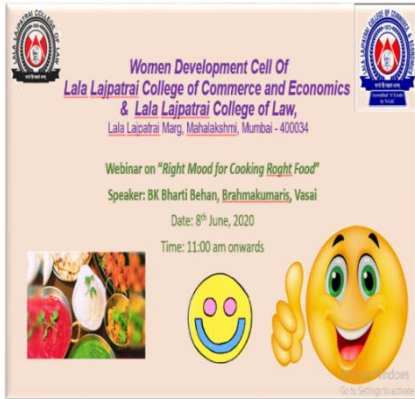
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WEBINAR ON “RIGHT MOOD FOR COOKING THE RIGHT FOOD” ON 8th JUNE, 2020

Women Development Cell organized a Webinar on “**Right Mood for Cooking the Right Food**” on 8th June, 2020. The resource person was BK Bharti Behn from Brahmakumaris. Total participants: 850.

Objective: The objective of the webinar was to make the participants realize the importance of eating healthy food which has been cooked with a happy and positive frame of mind. Food that we intake has multifold effects on our body, mind and spirit. Hence, it should be cooked with love and care.

Outcome: The Webinar made the participants realize that food has to be cooked with a positive attitude so that the eaters get the benefit of not only nutrition but also good qualities through food. Cooking and eating food with gratitude towards all was emphasized in this webinar to lead a healthy and happy life.



Dr. Mahalakshmi Kumar

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