5.1.2				
A.Y 2017-18				
Title of Programme	Name and Designation of Speaker Along with collaboration if any	Nature of Initiative	No of Beneficiaries	
Yoga Workshop	Kush Panchal, Freelance Yoga Instructor	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	125	
Workshop on Memory Techniques	Kush Panchal, Freelance Yoga Instructor	SOFT SKILLS INITIATIVES	100	
Workshop on Work Readiness Skills	Bineet Hora, Talerang institute	SOFT SKILLS	50	
Seminar on "Resume Building & Interview Management"	Mr. Alpesh Mawani, Talerang Career Training	SOFT SKILLS INITIATIVES	48	
Workshop on Stress Management	Prof. Pratima Singh of Swami Vivekananda College, Mumbai	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	31	
Elocution Competition	AD Shroff Memorial, Jointly with Forum Of Free Enterprise	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	16	
Session on Depression Awareness	Mr. Preejo, Ms. Priti Chaterjee & Mr. Joshua, The Movement - NGO	Mr. Preejo, Ms. Priti Chaterjee & Mr. Joshua, The Movement - NGO	84	
Workshop on Soft Skills Development	Proctor and Gamble	SOFT SKILLS INITIATIVES	40	
Workshop on Editing Skills	Arena Computer Education	ICT/COMPUTING SKILLS INITIATIVES	60	



A.Y 2018-19			
Title of Programme	Name & Designation of Speaker Along with collaboration if any	Nature of Initiative	No of Beneficiaries
International Yoga Day Poster Making Competition	Student Oriented	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	20
Yoga Workshop	Mr. Kush Panchal	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	50
Workshop on Moodle	Resource Person: Mr. Mandar Bhanushe, Asst. Professor in Mathematics (IDOL	ICT/COMPUTING SKILLS INITIATIVES	25
Workshop on Vedic Mathematics	Resource Person Mr. Bhalchandra A. Naik, Retd. Lecturer	ICT/COMPUTING SKILLS INITIATIVES	90
Workshop on Employability Skill Assessment	University of Mumbai & Growth Centre Pvt. Ltd	SOFT SKILLS INITIATIVES	20
Elocution Competition	Jointly with FORUM OF FREE ENTERPRISE	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	10
Workshop on Usage of Internet for train non- teaching staff	Students of SYIT and TYIT	of SYIT and TYIT Computing	
Workshop on Soft Skills- How to Prepare for an Interview	Ms. Charmy, Corporate Expert	SOFT SKILLS INITIATIVES	50
PPT Making Competition	Student Oriented	SOFT SKILLS INITIATIVES	60
One Day Workshop on ' Fitness	Mr. Sanket Kulkarni, Celebrity Fitness Trainer	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	25 Nav

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	AY 2019-2	0		
Title of Programme	Name & Designation of Speaker Along with collaboration if any	Nature of Initiative	No of Beneficiaries	
	Mr. Preejo, Ms. Preeti	LIFE SKILLS (YOGA,		
Awareness Session on	Chatterjee and Mr.	PHYSICAL FITNESS,		
Depression	Joshua, from The	HEALTH AND HYGIENE	80	
	Movement NGO	ETC) INITIATIVES		
Workshop on Group Discussion	Mr. KhalidAkhtar, IIM Lucknow Alumnus	SOFT SKILLS INITIATIVES	45	
Seminar: Soft Skill is a Boon	Mrs. Vaishali Waghmare, Senior Faculty of Spoken English Department of Gandhi Institute of Bhartiya Vidya Bhavan	SOFT SKILLS INITIATIVES	121	
Presentation Competition	Student Oriented	SOFT SKILLS INITIATIVES	55	
Elocution Competition	Jointly with FORUM OF FREE ENTERPRISE	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	9	
Webinar on How to	Mr. Varun Satia,			
Write a Professional CV to get The Right Job	Founder & CEO of KRAFTSHALA	SOFT SKILLS INITIATIVES	112	
FIT India Movement	University of Mumbai	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	64	
Training of Non- Teaching Staff on Online Payment	Arsalan Shaikh, Taha, Hatim Bagarswala, Students of SY and TY BSCIT	ICT/COMPUTING SKILLS INITIATIVES	36	
Punjabi Language and Communication Skills	Dr. Sangeeta Makkad	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	15 Prie	Vinn
aloat	Marg, m Mumbal-34 57		Lala Lajpat of Commerce Lala Lajpa Mumbai	Rai Colleg & Econom at Rai Marg - 400 034

Sessions on social media & Mental Health	Mpower Organization- Ms. Priya Kolwankar	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	78
Workshop on Vedic Mathematics	Mr. Bhalchandra A. Naik, Retd Lecturer	ICT/COMPUTING SKILLS INITIATIVES	102
Bol Bachchan	Rotaract Club of Lala Lajpatrai College	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	37
Seminar on Resume Building & Interview Management	Ms. Sweta Raina, Corporate Industry Expert	SOFT SKILLS INITIATIVES	35
Mad Libs	Rotaract Club of Lala Lajpatrai College	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	42
Intercollegiate Workshop on Mental Health	Dr. Yusuf Matcheswala/ Department of Psychology of Maharashtra College	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	27
Inter College FDP on E Content Development	Dr. Hiren Dand, BScIT Coordinator at Mulund College	ICT/COMPUTING SKILLS INITIATIVES	180
National Level FDP on Tools for E Content Development	Dr Rajendra Patil Mr. Asif Rampurawala Mr. Sohrab Vakaria	ICT/COMPUTING SKILLS INITIATIVES	50 participants from 8 states



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AY 2020-21			
Title of Programme	Name & Designation of Speaker Along with collaboration if any	Nature of Initiative	No of Beneficiaries
Yoga Workshop	Mr. Kush Panchal	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	120
Psychological Appraisal of Stakeholders-Let's Hear from Them	Panelists 1) Dr. Shobana Vasudevan- Principal, R.A. Podar College of Commerce 2) Dr. Girish Patel- Psychotherapist, Author and International Trainer 3)Dr. Maneesha Soni- MD(Homeopathy) and Associate Professor, Medical College, Virar 4)BK Sr. Kavita- Spiritual Trainer, Brahmakumaris	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	486
Enroute from Transition to Transaction Analysis - Bridging the Gap Between Us & Them	Dr. Megha Basu Thakur/ IQAC of H.R. College of Commerce and Economics	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	352
Workshop on MOODLE	Prof. Jayshri Parab	ICT/COMPUTING SKILLS INITIATIVES	45
Workshop about Career Life and Goals	Mr. Willpower Harris, Founder of Willpower Group	SOFT SKILLS INITIATIVES	40



Webinar on Resume Building and Interview skills	Mrs. Rehana Changi, corporate trainer at T.I.M.E Mumbai	SOFT SKILLS INITIATIVES	100
Webinar on What to Expect in Placement Interview	Ms. Vinitha Nair Awarded "Indian Rising HR Star of the Year 2019" by Morpheus	SOFT SKILLS INITIATIVES	80
Workshop on Mental Health and Suicide Prevention	Techfest IIT Bombay	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	70
PPT Presentation Competition	Student Oriented	LANGUAGE AND COMMUNICATION SKIILS INITIATIVES	60
Webinar on Employability Skills	Archana Vijayan, ARVI Acheivers	SOFT SKILLS INITIATIVES	35
Webinar on Soft Skill Training	1)Ms. Mohana Subramanium 2)Mr Upendra Sheth- Indo American Society	SOFT SKILLS INITIATIVES	130
Workshop on Stress Relieving Therapy	Ms. Jyoti Singh, Lala Lajpatrai College	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	16



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	AY 2021-2	2	
Title of Programme	Name & Designation of Speaker Along with collaboration if any	Nature of Initiative	No of Beneficiaries
Webinar on Employability Skills	Archana Vijayan, ARVI Acheivers	SOFT SKILLS INITIATIVES	47
International Yoga Day	Yoga Instructor, Dr. Kush Panchal	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	60
Applications of Autocrat Software	Ms. Vishakha Walia, Senior Faculty Lala Lajpatrai College	ICT/COMPUTING SKILLS INITIATIVES	60
Securing WEBEX Sessions	1)Prof. Nidhi Singh 2)Prof. Jayshri Ingale 3)Prof. Sunehra Lulaniya	ICT/COMPUTING SKILLS INITIATIVES	45
Enroute from Distress to Eustress	Dr. Anil Garg, International Motivational Speaker and Corporate Trainer	SOFT SKILLS INITIATIVES	192
Workshop on "Presentation Choreography - A Pathway for creating Effective Presentations using PPT"	Mr. Asif Rampurawala, Vice-Principal, VSIT	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	300
Business Communication and Etiquette to Follow in Corporate World	Ms Nidhi Sethi, HR Consultant, Image Consultant & Soft Skills Trainer	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	140

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Workshop on Building the Brand called YOU	TECH FOR GOOD; Resource person: Ms. Kriti Talwar (Project Head, Tech for Good)	SOFT SKILLS INITIATIVES	166
Workshop On Use of Moodle	Prof. Jayshri Ingale, Lala Lajpatrai College Faculty	ICT/COMPUTING SKILLS INITIATIVES	45
PPT Presentation Competition	Student Oriented	SOFT SKILLS INITIATIVES	25
Workshop on "Excelling Using Excel- Pathway to Learn Different Tools & Techniques"	Ms. Jayshree Shetty, Associate Professor, K.P.B. Hinduja College of Commerce & Economics	ICT/COMPUTING SKILLS INITIATIVES	346
National Level Webinar on "Happiness Through Work - Life Balance"	Dr. Ashish Deshpande, Renowned Consutant Psychiatrist	Health	192
Webinar on Resume Building & Personal Interview Insights	Mr. Saptarshi Biswas, Product Manager, MBA Division, Career Launcher Organisation	SOFT SKILLS INITIATIVES	145
Webinar on Creating Immersive Professional Life	Ms. Namrata Sharma (Alumnus), life coach and author with 13 years of experience in IT field.	SOFT SKILLS INITIATIVES	85
Webinar On Be the Change You Want to See	Shubh Mehta, Change in US (Co-founder)	SOFT SKILLS INITIATIVES	88
BAF Department of LLRC had organised a Zumba Session	Mr. Shiv Kewat, Freelance Zumba Instructor	LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE ETC) INITIATIVES	96



## Yoga Workshop



Title - Yoga Workshop Date - 17<sup>th</sup> - 24<sup>th</sup> June, 2017 Organiser – NSS Department No. Of Participants - 125 Objectives -

- To raise awareness about various benefits of practicing yoga.
- To discover the sense of oneness with yourself, the world and nature.
- To learn some practical Yoga practices for day-to-day practice.

Report - A Workshop on International Yoga Day was organized on 21<sup>st</sup> June 2017 wherein 125 participants including faculty members and students of the college were benefitted. The Resource Person for the workshop was Yogi Kush Panchal. Other activities as a part of Yoga Day Week observance included Poster Making Competition and Yoga Sessions. Dr. Kush demonstrated various Yoga Asanas and also made the attendees perform the same. He also enlightened the gathering about the Benefits of Yoga through his deliberation.

Outcome -

- Participants were motivated to practice yoga regularly,
- Participants were motivated to make healthier choices
- Participants were encouraged to follow lifestyle patterns that foster good health



# Workshop on Memory Techniques



Title - Seminar on Memory Techniques

Date - 22 June 2017

Organiser - DLLE unit of Lala Lajpat Rai College of Commerce and Economics

No. Of Participants - 100

## **Objectives** -

- To provide students an opportunity to learn techniques that enhance memory.
- To promote the importance of mental and physical fitness
- To make students aware about how different activities and preferences can have an effect on memory.

#### Report -

A group seminar was organized on 22 June 2017 for the students of Lala Lajpatrai College of Commerce and Economics by the DLLE unit of Lala Lajpat Rai College Of Commerce and Economics. The presentation was held in the classroom 407 of the college. The presentation was about students to help them learn skills that can help enhance their memory power. The resource person taught various mental as well as physical exercises to do the same. 100 Students had participated in this event to make it successful.

#### Outcome -

- Participants performed physical activity conducted by the resource person
- Participants learned the techniques to enhance memory.
- Participants learned some helpful mental and physical exercises to tackle problems..



## Workshop on Work Readiness



Title - Work Readiness Date - 5<sup>th</sup> July, 2017 Organiser - BAF Department No. Of Participants – 50

#### **Objective** -

- To prepare students for any work at any time
- To teach students to be alert and have presence of mind in any situation
- To encourage students to be multifaceted and up-skill.

#### Report -

The BAF Department organized a workshop on work readiness on 5<sup>th</sup> July2017 for SY and TY students. Resource person of the workshop was Bineet Hora of Talerang Institute who, spoke about work readiness and time management in career .It is imperative that the students understand the value of time management and work readiness.

#### Outcome -

- The students learnt to be work ready in any condition
   The students got alert and built presence of mind
- Students understood the value and importance of time management.





## Seminar on Resume Building and Interview Management

Title - GUIDANCE FOR RESUME BUILDING AND INTERVIEW MANAGEMENT Date - 17<sup>TH</sup> July 2017 Organiser - TALERANG No. Of Participants - 48

## Objective -

- To guide the students on how to make an impressive resume.
- To guide the students on how to prepare for their job interview.
- To equip students with the necessary tools to build their confidence in the professional space.

#### Report -

The BMS department of the Lala Lajpatrai College of Commerce and Economics organized a workshop on Resume Writing and interview management skills for its TYBMS students on 17<sup>th</sup> July 2017 from 9.30 a.m. to 11:00 a.m. The Workshop received a good response from the student members and the teaching staff members. The Resource person for the workshop was Mr. Alpesh Mawani. It was ably supported and guided by Prof. Priti Parikh – Asst. Coordinator of BMS department.

#### Outcome -

- The students learned the intricacies of making a resume.
- Students were equipped with knowledge of interview etiquette.
- Students learned how to conduct themselves in a professional space.





# State Level Workshop on Stress Management

Title - STRESS MANAGEMENT

Date: 22<sup>nd</sup> August , 2017

Organiser - Prof. Pratima Singh of Swami Vivekanand College, Chembur, Mumbai.

## **Objectives:-**

- To teach breathing techniques to the audience.
- To help the audience learn how to manage stress

**Report:** The skill development committee of the Lala Lajpatrai College of Commerce and Economics conducted a workshop on effective breathing techniques that can help manage and overcome stress. It was a successful initiative that helped our participants have a better handle on their mental health.

#### Outcome:-

- Helps people with anxiety, blood pressure problems
- The audience felt refreshed and relaxed
- The audience were equipped with relaxation techniques.



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# **Elocution Competition (Dept. of English)**



Title - 53<sup>nd</sup> AD Shroff Memorial Elocution Competition Date - 23<sup>rd</sup> August, 2017 Organiser - Dr. Munmy Chhetry Baruah No of participants: 16 (Male-06, Female – 10)

## **Objectives:**

- Building confidence and presentation skills in Public Speaking.
- Encouraging students to think creatively.
- To equip students with the technical knowledge of Public Speaking.

#### **Report:**

The AD Shroff Elocution Competition in association with Forum of Free Enterprise organized an Elocution Competition event that witnessed the best speakers across all streams of the college, project their best public speaking skills.

#### Outcomes:

- Train students for Public Speaking.
- Develop confidence and language skills
- Develop stage presence and communication skills.



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## Workshop on Soft Skills (BAF)



Title - Workshop on Soft Skills Date - 15<sup>th</sup> February, 2018 Organiser - Proctor and Gamble No. Of Participants - 40

#### **Objectives** -

- To help students become better communicators.
- To teach the students about the importance of communication in corporate world
- To help the students know verbal as well as non-verbal communication

#### Report -

The BAF Department of the Lala Lajpatrai College of Commerce and Economics organized a workshop on soft skills on 15<sup>th</sup> February was organized by Proctor and Gamble. Approximately 40 students attended. Knowledge about soft skills have been given to the students. The importance and uses of different soft skills have been explained with the help of PowerPoint presentations and examples.

#### Outcome -

- Students learned to communicate with proper efficiency in the corporate world.
- They learned the importance of non-verbal communication.
- Equip students with the technicalities of corporate communication.



## Workshop on Editing Skills (BMM)



Title – Workshop on Editing Skills Date - 15th February, 2018

**Organiser -** The BMM Department of Lala Lajpatrai College of Commerce and Economics No. Of Participants - 60

#### **Objectives** -

- To emphasize on the training program for non-teaching staff.
- Effective implementation of workshop
- Impart knowledge on technical aspects of editing

#### Report -

The BAMMC Department of Lala Lajpatrai College of Commerce and Economics organised a training program for students to learn about the basic skills and tools used in editing and video creation. The SY students of the BMM department had kept a small workshop about video editing and the importance of VFX. The session was conducted by a renowned trainer from Arena Computer Education. It continued for 2 hours and students got to learn a lot about editing and animation in this age growing media. The event continued with a question-answer round where the audience asked some questions on video creation, dubbing and editing which were answered patiently by the speaker. **Outcome -**

- To gain insights into technical aspects of video editing
- Effective implementation of workshop
- Educators were equipped with interesting techniques to make learning fun.



# International Yoga Day Poster Making Competition (DLLE)

Title – International Yoga Day Date - 21 June 2018 Organizer – DLLE UNIT No. of participants – 20

## Objective -

To make posters spreading awareness about Yoga and Fitness.

To provide students an opportunity to showcase their Art skills.

**Report** - A Poster Making Competition was organized on the occasion of International Yoga Day for the Students of Lala Lajpatrai College of Commerce and Economics by the DLLE unit of Lala Lajpatrai College of Commerce and Economics on 21<sup>st</sup> June 2018. The competition was held in one of the classrooms of the college. This competition helped students to learn about the importance of yoga in daily life and its various benefits and awareness was spread about various yoga asanas which helps in healing the mind and body.

Total 20 students participated in this competition to make it successful.

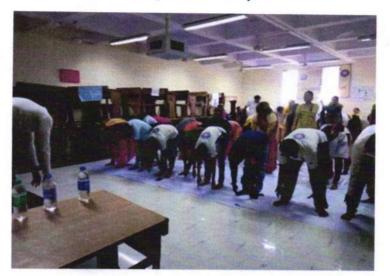
#### Outcome-

All the participants performed very well and various attractive posters were made by the students to spread awareness amongst peers about yoga.



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## Yoga Workshop



Title – Yoga workshop Date - 21st-23rd June, 2018 Organizer: Sports Department No. Of participants - 50 **Objectives –** 

- To raise awareness about various benefits of practicing yoga.
- To discover the sense of oneness with yourself, the world and nature.

**Report** - International Yoga Day Was Organized By NSS Unit. Resource Person for the activity was Yogi Kush Panchal, an international Yoga Trainer. Various activities were conducted like awareness rally, yoga workshops. 50 Volunteers Participated along with Teaching And Non-Teaching Staff.

#### Outcome-

Participants were motivated to practice yoga regularly, making healthier choices and following lifestyle patterns that foster good health.



## Workshop on Moodle



Title – INTRA COLLEGE FDP ON USE OF MOODLE Date - 24<sup>th</sup> August, 2018 Organizer Mr. Mandar Bhanushe No. of participants – 25 **OBJECTIVES-**

- To provide to the Teaching staff members from Lala Lajpatrai College the skill of using Moodle for better management of Teaching and Learning Process.
- This will help teachers as well as students in Teaching and learning process.

#### Report -

This Session was organised especially for the Teaching staff members of Lala Lajpatrai College in collaboration with IQAC. The participants were given hands-on practical experience on use of moodle by the resource person. Every participant was made aware of the importance of use of Moodle in today's learning environment.

### OUTCOME -

- The participants got an idea on how to use LMS Moodle practically.
- They got to know the variety of activities they can carry out using Moodle.





## Workshop on Vedic Mathematics (Dept.of Mathematics)

Title – Vedic Mathematics Date - 30<sup>th</sup> August, 2018 No. of participants – 90 **Objectives-**

- To introduce students to Vedic Mathematics, the original discovery of India.
- To enable the carry out the calculations, without the use of a calculator.

#### Report -

Department of Mathematics & Statistics organized a workshop on Vedic Mathematics on 30<sup>th</sup> August, 2018 by Mr. Bhalchandra A. Naik, Retd. Sr. Lec., VJTI was the Resource person. An introduction to the 16 sutras of Vedic Mathematics with illustrations was done. It was an interactive session wherein students were also made to do mathematical calculations using the sutras on their own. Students from various colleges across Mumbai attended the workshop.

#### Outcome-

- Students learnt and practised the 16 sutras of Vedic Mathematics.
- Students would be able to save time in calculations, especially during competitive examinations where use of calculators is not allowed.



# Workshop on Employability Skill Assessment (EDC)



Title - Employability Skill Assessment Date - 8th October,2018 Organizer -EDC No of participants – 20 students

## Objectives -

- To understand the employability skills among students.
- To gain insights through a pilot employability test among students.

#### Report -

Skill Assessment' on Monday, 8th October 2018, 20 students (10 boys & 10 Girls) across streams participated in the test.

## Outcomes-

- To offer a better curriculum through pilot testing.
- Understanding the opinion of students across various demand streams.



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# **Elocution Competition (Department of English)**



Title – 54<sup>th</sup> AD Shroff Memorial Elocution Competition Date – 12<sup>th</sup> October, 2018 Organizer -- Dr. Munmy Chhetry Baruah No of participants: 10 (Male-04, Female – 06)

#### **Objective:**

To train our students in Public Speaking

#### **Report:**

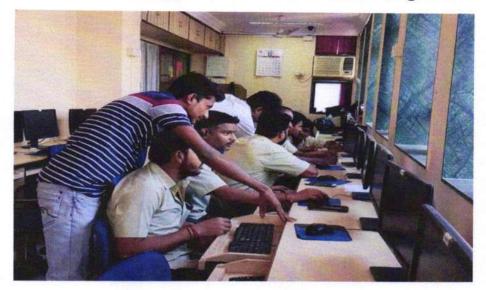
The AD Shroff Elocution Competition organised in association with Forum of Free Enterprise organised an Elocution Competition event that witnessed best speakers from across all streams of the college participating in the English language and projecting their best public speaking skills. The event helped students develop stage presence and communication skills as well.

## Outcomes:

After participation students came out with the feedback that they felt more confident with less stage fear.



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# Workshop on Usage of Internet for Non-Teaching Staff

Title - PRACTICAL WORKSHOP TO TRAIN NON-TEACHING STAFF FOR INTERNET USE Date - 7<sup>th</sup> December, 2018 Organizer - SYBSCIT and TYBSCIT No. of participants – 10

#### **Objectives-**

- To provide to the Non-Teaching staff members from across the college, the skill of using the Internet for essential activities in order to ease their lives.
- This will help reduce their day-to-day dependence on others for basic operations like ticket booking, PNR enquiry etc.

**Report** - This Session was organised especially for the non-teaching staff members of Lala Lajpatrai College. The students of SYBSCIT and TYBSCIT organised this session where the participants were given hands-on training on Internet use. The staff members were given specific assignments and students helped them carry it out.

The students who notably contributed to this program of BSCIT were Manish Lokam, Hatim Kanorwala

#### Outcome-

- The participants got an idea on how to do basic internet operations.
- They got to know how to do basic internet enquiries payments etc, which reduced their dependency on others for day to day activities.



# Workshop on Soft Skills- How to Prepare for an Interview (BAF)



Title: Workshop on Soft Skills- How to Prepare for an Interview Date - 14th January, 2019 Organiser- BAF Department No. Of participants – 40 students **Objectives:** 

- To teach the students about the importance of communication in corporate world
- To help the students know verbal as well as non-verbal communication
- To give the important tips for clearing interviews.

#### Report:

On 14<sup>th</sup> January a workshop on soft skills was organised .It was conducted by Ms.Charmy.-Approx 40 students attended .Knowledge about soft skills have been given to the students .She explained the important tips of interview skills.

The importance and uses of different soft skills have been explained with the help of powerpoint presentation and examples.

#### Outcome:

- Students learned to communicate with proper efficiency in the corporate world.
- They learned the importance of non-verbal communication.
- They learned the important tips of interview skills.

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## PPT Making Competition (DLLE)



Title – Presentation Competition Date - 23rd July – 8th August 2019 No. Of participants – 60students **Objectives -**

- To provide students an opportunity to develop their skills in public speaking and presentation.
- To sensitise students towards social issues by letting them express their views on the same through ppt.

#### Report-

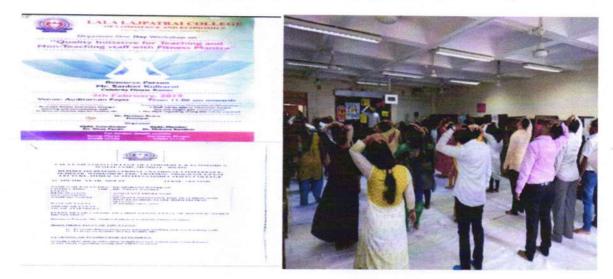
A group presentation competition was organized between 23<sup>rd</sup> July – 8<sup>th</sup> August for the students under project PEC. The competition was held in one of the classrooms of the college. Presentations were given on a wide range of issues concerning our society like traffic congestion, road safety, rights of transgender in India, Female infanticide in rural parts of India, Environmental issues due to excess human tampering with nature, the impact of media exposure over today's Indian youth, etc. 25 Students participated in this event and made it a great success.

## Outcome -

- All the participants performed very well and they also interacted and answered the questions of the audience.
- Students in a group of 8-10 presented their views and opinion through the medium of presentation.



# Workshop on Fitness (Skill Development Committee)



Title: - Workshop on "Fitness" No. Of Participants- 25 Organiser- Workshop on Fitness

#### **Objectives** -

Objective of this workshop was to make the staff & students aware about Fitness Exercise.

#### Report-

The event focused on having students realise the importance of physical fitness through yoga and gymnastic exercises.

#### Outcome-

Participants of workshop learnt some yoga as well as Gymnastic Exercise for physical fitness.



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## 2019-20 AWARENESS SESSIONS ON DEPRESSION (NSS)



Title - Sessions on Depression Date - 17th July, 2019 Organiser - the NSS Unit in collaboration with an NGO "The Movement" No. Of Participants - 80

## **Objectives** -

- To create and spread awareness about teen depression.
- To encourage and motivate volunteers to spread further awareness about the same.

#### Report -

An awareness session on Depression and Mental Health was organised by the NSS Unit in collaboration with an NGO "The Movement" wherein 80 NSS Volunteers participated. Mr. Preejo, Ms. Preeti Chatterjee and Mr. Joshua from The Movement were the Resource Persons for the program. The volunteers were informed about various aspects of Teen Depression, negativity and anxiety. They were also given an insight about how to take control of mind and distance themselves from negativity.

#### Outcome -

- Participants were sensitized about the need & requirement to prevent & tackle Depression & foster mental health.
- The session was well received as the volunteers could get all the necessary information to keep themselves away from stress, anxiety and depression.

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## WORKSHOP ON HOW TO PERFORM IN GROUP DISCUSSION (BAF)



## Date - 17<sup>th</sup> July 2019

Organiser - BAF Department of Lala Lajpatrai College of Commerce and Economics No. Of Participants - 45

#### **Objectives** -

- To explain the student, the importance of communication in group discussion
- To build soft skills of student

**Report** - The workshop was held at Venue: Lala Lajpatrai college Time: 10.30 am in Room no: 508.The speaker of the seminar was Mr. Khalid Akhtar. He has graduated from NIIT Jamshedpur and pursued B.Tech Hons and did his post-graduation from IIM Lucknow (Marketing and Systems).IMS. He explained the important steps and points for group discussion.

#### Outcome -

- Students learned importance of communication in group discussion
- Students learned how to develop effective soft skills and how to use important points in group discussion.



## 2019-20 SEMINAR: SOFT SKILL IS A BOON (EDC)



Title - Soft Skill is a Boon

Date - 25th July, 2019.

Organiser - Department of Commerce jointly with Internal Quality Assurance Cell No. Of Participants - 121

## **Objectives** -

- To sensitize the students about soft skills.
- To give students a realistic perspective of work and work expectations.
- To help formulate problem-solving skills.
- To guide students in making appropriate and responsible decisions.
- To create a desire to fulfil individual goals, to educate students about unproductive thinking, self-defeating emotional impulses and self-defeating behaviour.

## Report -

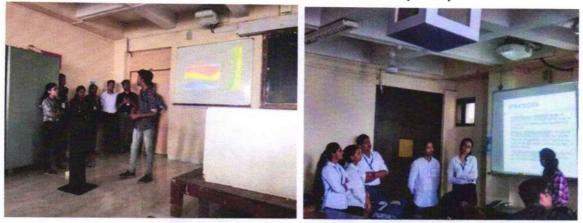
Department of Commerce jointly with Internal Quality Assurance Cell organised a webinar on Soft Skill is a Boon dated on 25th July, 2019. The participants filled an information form, three days before the online guest lecture. The webinar helped the students to enlighten the importance soft skills. Mrs. Vaishali Waghmare Madam Senior Faculty of Spoken English Department of Gandhi Institute of Bhartiya Vidya Bhavan described the significance of 'Soft Skills', such as body language, leadership qualities, teamwork, time management, multi-tasking etc. required for one's personality development and integral for better performance in an interview. Students were given tips on how to develop the soft skill which can help one in improving their ability to work with others and can have a positive influence on furthering the career.

- Enhances students' self-control and management of behaviour, social skills, self-awareness.
- Developed a skill-based approach towards learning





## 2019-20 PPT PRESENTATION COMPETITION (DLLE)



Title - FY , SY and TY PPT Presentation Date - FY : 5<sup>th</sup> August, 2019 SY & TY : 9<sup>th</sup> July, 2019 Organizer - DLLE Department of Lala Lajpatrai No. Of Participants - 55 students

### **Objectives** -

- To provide students an opportunity to develop their skills in Public speaking and presentation.
- To sensitize students towards social issues by letting them express their views on the same through ppt.

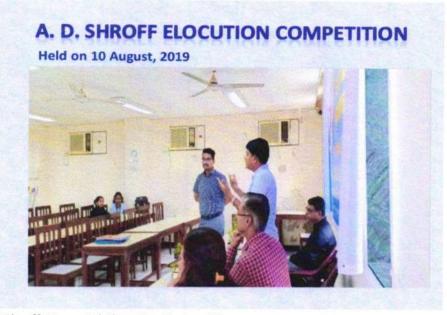
### Report -

FY, SY & TY GROUP PRESENTATION COMPETITION was held. Topic for the competition was Social Issue: - Society can successfully end social issues if they become adamant. These social issues act as a barrier to the progress of society. Thus, we must all come together to fight against them and put them to an end for the greater good. It is necessary to create awareness. A total of 55 students had participated in this competition to make it successful. The competition was held on the following days:-FY : 5<sup>th</sup> August, 2019 SY & TY : 9<sup>th</sup> July, 2019Judge for the competitions on both the days was Himanshu Sir.

- Students in a group of 8-10 presented their views and opinions from the medium of presentation.
- Students also learnt on how to present together.



## 2019-20 ELOCUTION COMPETITION



Title - 55<sup>th</sup> AD Shroff Memorial Elocution Competition Date - 10<sup>th</sup> August, 2019 Organiser - Dr. Munmy Chhetry Baruah No. Of Participants - 09

#### **Objectives** -

- Build confidence and presentation skills in Public Speaking.
- Preparing students for future public speaking events.

#### Report -

The AD Shroff Elocution Competition organised in association with Forum of Free Enterprise organised an Elocution Competition event that witnessed best speakers from across all streams of the college participating in the English language and projecting their best public speaking skills. The event helped students develop stage presence and communication skills as well.

- Students came out more enlightened, updated, informed and confident.
- Students were ready for public speaking events.
- They understood the powere of expressing their thoughts through speeches.



# WEBINAR ON HOW TO WRITE A PROFESSIONAL C.V. TO GET THE RIGHT JOB



Title - Webinar on How Write A Professional C.V. To Get The Right Job

Date - 18th Aug 2020

Organiser - The BFM Department of Lala Lajpatrai College in collaboration with KRAFTSHALA No. Of Participants - 112

## **Objectives** -

- To create understanding in the minds of students about the importance of the role played by a professional CV during the job selection process
- To provide an opportunity to the students to learn various methods working on their own CVs to make them professional in approach
- To provide the students an opportunity to self-assess and identify their own weakness in their CVs and work on developing them

### Report -

The BFM Department of Lala Lajpatrai College in collaboration with KRAFTSHALA organized this much needed webinar for students of all streams on 18th July 2020, to make the students aware of the requirement of crafting a proper and well prepared CV while applying for jobs post their studies. The webinar was conducted by Mr. Varun Satia, Founder & CEO of KRAFTSHALA and he very successfully drove home the understanding of this fact in the students and the students gained a valuable skill of how to make the right kind of CV for themselves

### Outcome -

- The student participants came back with a appreciation of how important a professional CV is in the job selection process
- The students were also able to understand their own potential strengths and weaknesses to accordingly choose their own development goals while making their CVs
- The students also got an idea of how to they can work on their CVs to make them more professional and easy to read and to catch the eyes of recruiters while shortlisting CVs Principa

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## 2019-20 FIT INDIA MOVEMENT (NSS)



Title - Fit India Movement Date - 29th August, 2019 Organiser - The NSS Unit No. Of Participants - 64

#### **Objectives** -

- Aware volunteers about physical fitness.
- The benefits to being physically active every day.

## Report -

The NSS Unit organised FIT India Movement activity in collaboration with University of Mumbai. 64 volunteers participated in the activity. The students and staff extensively learnt about the merits of physical fitness and the Fit India movement initiative

## Outcome -

- Participants were motivated to inculcate to exercise in day to day life.
- Various exercises and the importance of diet was learnt by the participants.



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## 2019-20 TRAINING OF NON-TEACHING STAFF ON ONLINE PAYMENT



Title - ICT & Computing Skills Enhancement Initiatives Date - 29<sup>th</sup> August, 2019 Organiser - The students of SYBSCIT and TYBSCIT No. Of Participants - 36

#### **Objectives** -

- To provide to the Non-Teaching staff members idea on how to do ONLINE payments for essential services.
- This will help them reduce their dependency on others for simple tasks.

#### Report -

This Session was organised especially for the non-teaching staff members of Lala Lajpatrai College. The students of SYBSCIT and TYBSCIT organised this session where the participants were given hand on training on ONLINE Payment though Google Pay, PayTM etc. The staff members were given specific assignments and students helped them carry it out. The students who notably contributed to this program of BSCIT were Arsalan Shaikh, Taha, Hatim Bagarswala, Sagar.

- The participants got an idea on how to do basic ONLINE PAYMENTS.
- This would definitely reduce their dependency on others for day-to-day activities.

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## 2019-20 PUNJABI LANGUAGE AND COMMUNICATION SKILLS CLASS (PUNJABI ASSOCIATION)



Title - Punjabi Language and communication skills class Date - 17th September, 2019 Organiser - Dr. Sangeeta Makkad No. Of Participants - 15

#### **Objectives** -

- To teach students the basics of Punjabi Language
- The essence to communicate in the same language.
- The history and heritage of the Punjabi language.

#### Report -

The Punjabi Association of Lala Lajpatrai College organized Punjabi Language and Communication Skills classes for all students open and eager to learn the same language. The class was conducted ever a period of time by Dr Sangeeta Makkad who taught the basic of the language and helped them understand the essence of communicating in Punjabi with the right vocabulary and accent.

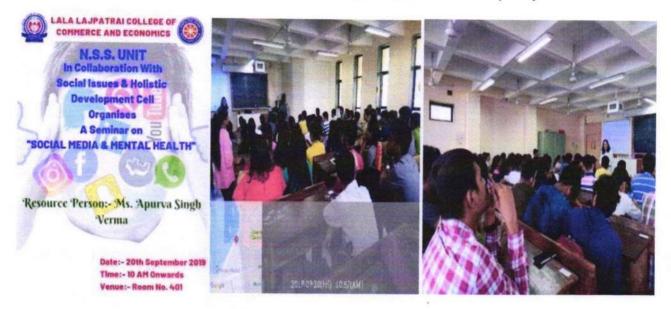
#### Outcome -

Helped to understand the social and cultural relevance of Punjabi language.
 The vocabulary, phonetics and hymns of Punjabi language was learnt by the students



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## 2019-20 SESSION ON SOCIAL MEDIA AND MENTAL HEALTH (NSS)



Title - Session on Social Media and Mental Health

Date - 20th September 2019

Organiser - NSS Department in collaboration with Social Issues and Holistic Development Cell

No. Of Participants - 78

#### **Objectives** -

- The objective of the session was to make the participants aware about various issues and challenges related to use of social media and its impact on mental health.
- It also aimed at enlightening the participants about the need of adopting certain remedies to avoid psychological implications while using social media.

#### Report -

An awareness session on social media and mental health was organised in collaboration with Social Issues and Holistic Development Cell wherein 65 NSS Volunteers participated. Ms. Apurva Singh Verma was the Resource Person for the session. She emphasised on restricted use of social media as it has long term psychological implications.

#### Outcome -

- The volunteers were benefitted by the session in true sense as they committed to take care
  of their mental health while using social media.
- The varius repercussions on the overconsumption of social media was informed to the students



### WORKSHOP ON VEDIC MATHEMATICS



Date - 28<sup>th</sup> September 2019

Organiser - Department of Mathematics & Statistics

No. Of Participants - 102

### **Objectives** -

- To enhance students' calculation skills without calculator.
- Enhance their cognitive and motor skills.

### Report -

Department of Mathematics & Statistics organized a workshop on Quality Initiative to Exhibit the Power of Vedic Mathematics on 28<sup>th</sup> September, 2019 by Sh. Bhalchandra Naik, Retd. Sr. Lecturer, Structural Engineering Department, VJTI, Mumbai was the resource person. The event focused on different short cut methods which are used for different competitive exams. This will save time of students and they were well versed with different operations using Vedic Approach. Total no. of 78 students attended this workshop.

### Outcome -

- Students were well versed with the short cuts for calculations which will be used in different competitive exams, and otherwise as well.
- They learnt about the techniques that can be utilized to save time by calculation without calculator.



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# **BOL BACHCHAN – COMMUNICATION SKILLS (ROTRACT CLUB)**



Title - Bol Bachchan Date - 19th October, 2019 Organiser - Rotaract club of Lala Lajpatrai College No. Of Participants - 37

### **Objectives** -

- To get them out of their comfort zone
- To improve their public speaking skills
- To enhance vocational skills
- To teach them and enhance their professional skills

**Report** - The event was directed towards challenging the participants' ability to form effective communication within a given time period in a given situation. The event also got participants to give their thoughts and ideas a vocal form. There were different rounds that focused on the aims of the event individually, while making sure that participants had fun while learning the skills.

### Outcome -

- The participants got to come out of their comfort zones.
- The participants improved their public speaking skills.
- They got to enhance vocational skills.



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#### 2019-20

# SEMINAR ON RESUME BUILDING AND INTERVIEW MANAGEMENT



Title - Guidance session for resume building & interview management skills Date - 28<sup>th</sup> Dec 2019 Organiser - The BMS department of Lala College No. Of Participants - 35

### **Objectives** -

- To guide the students on how to make an impressive resume.
- To guide the students on how to prepare for their job interview and provide the tips for the same.

### Report -

The BMS department of Lala College organized a work shop on Resume Writing and interview management skills for its TYBMS students on 20<sup>th</sup> Dec 2019 from 9.30 a.m. to 11:00 a.m. The Workshop received a good response from the student members and the teaching staff members. The Resource person for the workshop was Ms. Sweta Raina. It was ably supported and guided by Prof. Priti Parikh – Asst. Coordinator of BMS department

### Outcome -

- Students learnt how to make their resume standout.
- How to be confident for job interviews and make an impression on the recruiters



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# 2019-20 MADLIBS – SPEECH & COMMUNICATION (ROTRACT CLUB)



Title - Madlibs Date - 2nd February 2020 Organiser - Rotaract club of Lala Lajpatrai College No. Of Participants - 42 **Objectives -**

- The aim of the event was to develop understanding of English language and English grammar among the participants.
- The event was aimed to make participants understand the importance of grammatical words in a sentence.
- The event was aimed to make participants understand the use of right word at the right place.
- The event was also aimed to bring team spirit/bond among the participants along with a fun element.

### Report -

The event was based on the importance of grammar and vocabulary and how misuse of even one word can change the whole meaning of a sentence. The event had three rounds, where each round had stories, poems and dialogues, individually. Madlibs is a game where the participants have to fill in the blanks of the given paragraphs and the blanks would be at all the grammatical places in the sentences.

### Outcome -

- From this project the participants learned the importance of every word used in a sentence.
- It is very important to know that if words are wrongly placed the entire meaning of the sentence changes.
- Through this event the participants also learned the basics of grammar and learned that grammar plays a very crucial role in a sentence.
- Every learning can be made fun if its taught in a unique manner, through this event we made the participants understand the importance of using the right word at the right place



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### INTERCOLLIGIATE WORKSHOP "MENTAL HEALTH"



### Date - 18th February, 2020

Organiser - Internal Quality Assurance Cell of Lala Lajpatrai College of Commerce and Economics No. Of Participants - 27

### **Objectives-**

- Teach basic importance of taking care of one's mental health.
- Discuss common myths spread about mental illness like depression, anxiety and ADHD.

### Report -

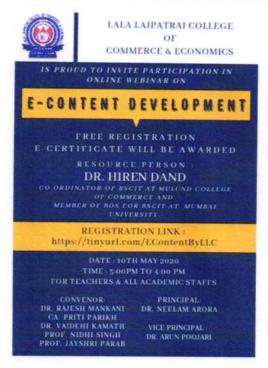
Internal Quality Assurance Cell of Lala Lajpatrai College of Commerce and Economics in collaboration with Internal Quality Assurance Cell and Department of Psychology of Maharashtra College organised an Intercollegiate Workshop on 'Mental Health' on 18th February, 2020 from 9:30 a.m. onwards held in Maharashtra College. 27 EDC Students and Mr. Chetan Maru attended the workshop. Facilitator: Dr. Yusuf Matches Wala (Leading Psychiatrist)

- The information imparted by the students was an eye-opener for the students.
- Students helped on how to tackle their mental health problems.
- How to help others when they are feeling mentally unwell.





## INTER COLLEGE FDP ON E CONTENT DEVELOPMENT



Title - inter College FDP on E content Development Date - 10<sup>th</sup> May, 2020 Organizer - BSc.IT Department No. Of Participants - 180 Objective -

- To provide to the Teaching staff members from across all colleges of Mumbai University the skill of developing E-Content in order to continue Online Learning uninterrupted even during times of COVID-19 Pandemic.
- To help teachers as well as students in Teaching and learning process.

### Report -

This Session was organised especially for the Teaching staff members across all colleges of Mumbai University. The participants were given ideas on how to develop quality E-content which would be interactive enough for students to pay attention even in ONLINE Environment. They were given ideas of several tools about which they could explore depending on the streams they are dealing with.

### Outcome -

- The participants got an idea of the various tools which are available free online for developing their E CONTENT.
- They got to know how to use these tools efficiently.



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# NATIONAL LEVEL FDP ON TOOLS FOR E CONTENT DEVELOPMENT



Title - National Level, 3 Day FDP on E content Development

Date - 27<sup>th</sup> to 29<sup>th</sup> May, 2020

Organiser - BSc.IT Department

No. Of Participants - 50 from 8 states.

**Objective** -

- To provide to the Teaching staff members from across all colleges and universities how to develop E-Content in order to make Online Learning interesting.
- This will help teachers as well as students in Teaching and learning process.

### Report -

This Session was organised especially for the Teaching staff members across all colleges at National Level. The participants were given ideas on how to develop quality E-content which would be interactive enough for students to pay attention even in ONLINE Environment. They were given ideas of several tools about which they could explore depending on the streams they are dealing with.

- The participants got an idea of the various tools which are available free online for developing their E CONTENT.
- They got to know how to use these tools efficiently.



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## 2020-21 WEBINAR ON INTERNATIONAL YOGA DAY



Title:- Webinar on International Yoga Day No. of participants: - 120 Date: - 21st June, 2020 Organizer: - Department of NSS

### **Objective:**

- To raise awareness about various benefits of practising yoga.
- To discover the sense of oneness with yourself, the world and nature.

### **Report:**

Webinar on International Yoga Day was organized jointly by NSS UNIT & DLLE UNIT. Resource Person for the webinar was Yogi Dr. Kush Panchal. Objective to organize was to create awareness about The Importance of Yoga in our day-to-day life. 125 number of Participants attended the webinar including faculty members, staff Members and students of the college.

#### Outcome:

- Participants were motivated to practice yoga regularly
- Participants were encouraged to make healthier choices and follow lifestyle patterns that foster good health

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# PANNEL DISCUSSION ON "PSYCHOLOGICAL APPRAISAL OF STAKEHOLDERS -LETS HEAR FROM THEM"



### Date - 29th June, 2020.

Organiser - Department of Mathematics & Statistics of the Lala Lajpatrai College of Commerce and Economics

No. Of Participants - 486

### **Objectives** -

- To hold a healthy dialogue on the responsibilities, challenges and remedies to cope up for each stakeholder of the educational System by experts from diverse and crucial domains of life.
- To address to personal problems faced by the stakeholders and come out with practical solution
- A step towards betterment of the existing Educational System.

**Report** - Department of Mathematics & Statistics organized a webinar on Psychological Appraisal of **Stakeholders**- Let's Hear from Them. On 29th June, 2020 .Members for the discussion were

- 1. Chairperson- Dr. Neelam Arora, Principal Lala Lajpatrai College of Commerce & Economics .
- 2. Dr. Shobana Vasudevan- Principal, R.A.Podar College of Commerce.
- 3. Dr. Girish Patel- Psychotherapist, Author and International Trainer.
- 4. Dr. Maneesha Soni- MD (Homeopathy) and Associate Professor, Medical College, Virar.
- 5. BK Sr. Kavita- Spiritual Trainer, Brahmakumaris.

Change is a constant and necessary element towards progress in any domain. Considering the recent, rather forced changes in the educational system and society at large, Lala Lajpatrai College of Commerce and Economics, Mumbai organized a Panel Discussion on "Psychological Appraisal of Stakeholders-Let's Hear From Them" on 27<sup>th</sup> June, 2020, by means of a virtual connect. The objectives were to understand the level of psychological well-being of every stakeholder of an educational system through contemplation, appraisal by panelists coming from diverse areas of expertise and thus to come out with productive and practical remedies for betterment. The two and a half hour long deliberation on the theme by four eminent panelists gave the stakeholders an opportunity to get acquainted with the current scenario, expected ideal outcome and the means to bridge the gap. The session began with the welcome address by followed by discussion by the panelists in a question moderated format. After the discussion a question and answer session by the participants was done, which gave the stakeholders an opportunity to raise their areas of concern and get suggestive views from the panelists. The entire endeavor was appreciated by the audience and lauded by all as a potential step towards giving a more meaningful direction to the rather unavoidable.



Principal Lala Lajpat Rai College, of Commerce & Economics Lala Lajpat Rai Marg, Mumbai - 400 034 changes and thus shaping for a better, sustainable future. Total no. of 486 students were there in webinar.

- Attendees were made aware of the crucial role each one plays, and how it can be done even better.
- Mantras/tips for better and stronger student- teacher relationship were highlighted(developing empathy, give respect to get respect, to develop a secular outlook, to be passionate towards one's job and many more, to mention a few)

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# ENROUTE FROM TRANSITION TO TRANSACTION ANALYSIS - BRIDGING THE GAP BETWEEN US AND THEM



Date - 29th July 2020

### Organiser -

Department of Commerce & Internal Quality Assurance Cell (IQAC) of Lala Lajpatrai College of Commerce & Economics in collaboration with Internal Quality Assurance Cell (IQAC) of H.R. College of Commerce & Economics

No. Of Participants - 352

### **Objectives** -

- To understand the need for communication between facilitators & learners in this pandemic crisis.
- To understand & orient the various methodologies in bridging the communication gap.
- To revitalize synergy & build a strong bond through self-awareness in the education system.

### Report -

Department of Commerce & Internal Quality Assurance Cell (IQAC) of Lala Lajpatrai College of Commerce & Economics in collaboration with Internal Quality Assurance Cell (IQAC) of H.R. College of Commerce & Economics organized An Online National Webinar on 'Enroute from Transition to Transaction Analysis - bridging gap between us & them'. 352 participants from all over the country and various international borders such as Kuwait, Canada and USA attended the webinar.

- Understanding ego states & its impact on people
- Outlining communication strategies amongst peers, colleagues & relatives.
- Helped in understanding the prevention of suicidal tendencies

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### WORKSHOP ON MOODLE



Title - Webinar on MOODLE LMS for in house and Visiting Faculties of Lala Lajpatrai College Date - 5<sup>th</sup> August 2020 Organiser - BSCIT and IQAC Cell No. Of Participants - 45

### **Objective** -

- To provide to the Teaching staff members from Lala Lajpatrai college the skill of using Moodle for better management of Teaching and Learning Process.
- This will help teachers as well as students in Teaching and learning process.

### Report -

This Session was organised especially for the Teaching staff members of Lala Lajpatrai College in collaboration with IQAC. The participants were given hands-on practical experience on the use of moodle by the resource person. Every participant was made aware of the importance of the use of Moodle in today's learning environment.

- The participants got an idea on how to use LMS Moodle practically.
- They got to know the variety of activities they can carry out using Moodle.



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## WORKSHOP ABOUT 'CAREER LIFE AND GOALS'



Title: -How to know and what to know about career Date: - 6th August 2020 Organizer: - Mr Willpower Harris No of Participants: - 40

### **OBJECTIVES:**

- To identify your life purpose
- To enhance problem solving skills

### **REPORT:**

B.M.S Department organised a workshop on "How to know what to do... About career, life and goals" with speaker Mr. Willpower Harris, Founder of Willpower Group on 6th August, 2020.Mr. Harris is a Ted X speaker, a social influencer and author of 11 motivational books. The workshop was attended by 40 students .It was a very positive and interactive session whereby students asked a number of questions regarding how to deal with personal difficulties, how to overcome them and how to settle and decide on a career .Comments by chief guest or guest of honour "It was great to interact with these students and share some positivity at such times."

### OUTCOME:

- It was a very good, interactive and positive session.
- The students asked questions regarding how to handle different difficult life situations which were well answered by the speaker.



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# WEBINAR ON RESUME BUILDING AND INTERVIEW SKILLS



Title:- Webinar on resume building and interview skills

Date :  $7^{TH}$  AUGUST, 2020

Number of participants: 100

Organizer - Mrs. Rehana Changi

### **Objectives:**

- To explain to the students the importance of a good and effective resume.
- To build the soft skills of students.
- To help the students crack an interview.

### Report:

A webinar was organized by the BAF department .It was an online workshop on the 'Go ToMeeting' App at 12:00p.m. The speaker for the seminar was Mrs. Rehana Changi, a corporate trainer at T.I.M.E Mumbai. She is a Clinical Psychologist, has done her M.A. in psychology. She has been a professor at B-schools across Mumbai. She has 31 years of experience in total and has been associated with T.I.M.E for the past 4 years. She had explained how to make an effective resume and how to crack interviews.

### Outcome:

- Students learned how an effective resume is built
- Importance of communication in the corporate world was understood by the students.



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### Webinar on "What to expect in Placement interview"



Title:- Webinar on "What to expect in Placement interview"

Date :- 29<sup>th</sup> August, 2019 Number of Participants:-80

Organizer:-: Ms. Vinitha Nair

### **Objective :-**

- To provide to the students of BSCIT Department, an idea of the types of questions asked in placement interviews.
- To help them prepare for campus interviews in a focused manner.

### **Report:-**

This Session was organized especially for the students of BSCIT Department of Lala Lajpatrai College. The students of SYBSCIT and TYBSCIT participated in this session where the participants were given ideas of specific questions they can expect during the interview process and how exactly they should respond according to their specific requirements. They were also given tips on body posture and body language.

### Outcome :-

- The participants got a clear picture of what to expect during an interview process.
- The participants were able to work upon their weaknesses and be more prepared for an interview which would improve their job prospects.



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### WORKSHOP ON MENTAL HEALTH & SUICIDE PREVENTION



Title:- Online Workshop on Mental Health & Suicide Prevention Date:- 20<sup>th</sup> September, 2020 Organiser:- BMS Department No of Participants: - 70

### **OBJECTIVES:**

- To reduce factors that increase risk and increase factors that promote resilience.
- To improve health and quality of life for people affected by mental disorder conditions.

### **BRIEF REPORT OF THE ACTIVITY:**

The Online Workshop on Mental Health & Suicide Prevention was attended by 70 students of BMS on Zoom video call. The speaker started with introducing the topic to the students. Students got to talk about the mental health issues, how to address them and how to help someone in their vicinity with the same.

### OUTCOME OF THE PROGRAM:

- Students got to address the problems that bother them
- Students were equipped with resources to help those around them



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# PPT PRESENTATION COMPETITION



Title: - FY, SY presentation, Competition Date: - 10 November, 2020 No of Participants: - 60 Organizer: - Department of DLLE

### **Objectives:-**

- To create awareness about social problems among FY students
- To motivate SY students towards finding solutions to Farmers problems in India.
- To involve Students in current affair situations.

### Report -

FY PPT : DLLE unit organized FY PRESENTATION COMPETITION on the theme of Current Social Issues was on 10<sup>th</sup> November, 2020 Tuesday from 05:00 PM on Google Meet. Total 85 DLLE volunteers from all the streams participated in the competition.

Winners for the event: 1st Place: BAF, 2nd Place: BAF

SY PPT : DLLE unit of Lala Lajpatrai College of Commerce and Economics organized sy presentation competition on the following themes:

The Farm Bill: Why farmers protest?;The effect of the pandemic on the economy; Impact of internet on social problems which was held on 12<sup>th</sup> January 2021 from 04:00 PM on Google Meet.Ms. Dhara Soni, Faculty, Lala Lajpatrai College was the judge for both the competitions.

Winners for the event: 1st Place: BMM, 2nd Place: BAF , 3rd Place : BAF

### Outcomes:-

- Students participated in the ppt and acquired some knowledge about the current affairs.
- Students got an opportunity to portray their views and suggestions and enhance their presentation skills.



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### WEBINAR ON EMPLOYABILITY SKILLS



Title: Webinar on Employability skills Date: 16<sup>th</sup> January 2021 Number of Participants: 35 Organizers: Arvi Achievers

### **Objectives Of The Program:**

- To guide the students on various soft skills required to be employable in this competitive market.
- To guide the students on how to prepare for such soft skills.

### **Brief Report Of The Activity:**

The BMS department of Lala College organized an online webinar on Employability Skills that are required to be employable in the era of touch competition. The program was organized online on Zoom Platform. Around 47 BMS students participated in this session. The resource person Ms. Archana Vijan educated students on various soft skills which are important to their career. It was ably supported and guided by Prof. Priti Parikh – Asst. Coordinator of BMS department.

### Outcome Of The Program:

- Students learnt the nuances of having good soft skills.
- Students of BMS department took part in the webinar and took the advantage of the online session and learnt about various soft skills which are important to them.



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# Webinar Soft Skills Training



DATE - 21<sup>st</sup> January 2021 NUMBER OF PARTICIPANTS: -130 Organiser :-INDO AMERICAN SOCIETY

### **OBJECTIVES:** -

- To guide the students on various soft skills required to be employable in this competitive market.
- To guide the students on how to prepare for such soft skills.

**REPORT:** -The BMS department of Lala College organised an online webinar on SOFT SKILLS TRAINING that are required to be employable in the era of touch competition. The program was organised online on Zoom Platform. Around 130 BMS students participated in this session. The resource person Ms. Mohana Subramanian (Senior Faculty-Indo American Society) educated students on various soft skills which are important to their career. It was ably supported and guided by Prof. Priti Parikh – Asst. Coordinator of BMS department.

- The students were made aware of the different soft skills required for development
- Students were taught how to navigate the corporate world.



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### SESSION ON STRESS RELIEVING THERAPY



Title: Stress Relieving Therapy Date: 29th March, 2021 Number of Participants: 16

### **Objectives:**

- To release the stress of the student
- To help them to overcome anxiety & motivate them to enjoy the moment.

### Report:

Department of Add-on - Vocational Courses an initiative by Virtual Commerce Lab under the aegis of IQAC organised a session on the topic Stress Relieving Therapy for students through a virtual platform on the occasion of Virtual Holi Celebrations on 29 March 2021 with 16 intracollegiate students. Event was undertaken by Ms. Jyoti Singh.

### Outcome:

- Removing negative thoughts by overcoming stress and living a healthy and positive life.
- Overcoming mental health problems, such as depression, anxiety, and personality disorders.



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### 2021-22

## WEBINAR ON EMPLOYABILITY SKILLS



Title – WEBINAR ON EMPLOYABILITY SKILLS Date – 16<sup>th</sup> June 2021

Organiser- BMS department of Lala College

No. of participants- 47

### Objectives –

- To guide the students on various soft skills required to be employable in this competitive market.
- To guide the students on how to prepare for such soft skills.

### Report-

The BMS department of Lala College organised an online webinar on Employability Skills that are required to be employable in the era of touch competition. The program was organised online on Zoom Platform. Around 47 BMS students participated in this session. The resource person Ms. Archana Vijan educated students on various soft skills which are important to their career. It was ably supported and guided by Prof. Priti Parikh – Asst. Coordinator of BMS department.

### Outcome-

- Students were equipped with the tools to make it in the corporate space.
- Students learned about various aspects of etiquette and professionalism.



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### WEBINAR ON INTERNATIONAL YOGA DAY



Title – Webinar on International Yoga Day Date – 21<sup>st</sup> June 2021 Organizer- DLLE unit of LLRC No. of participants- 60 **Objectives –** 

- To raise awareness about various benefits of practising yoga.
- To discover the sense of oneness with yourself, the world and nature.

### Report-

Webinar on International Yoga Day was organised jointly by NSS UNIT. Resource Person for the webinar was Yogi, Dr. Kush Panchal. Objective to organise was to create awareness about the Importance of Yoga in our day-to-day life.

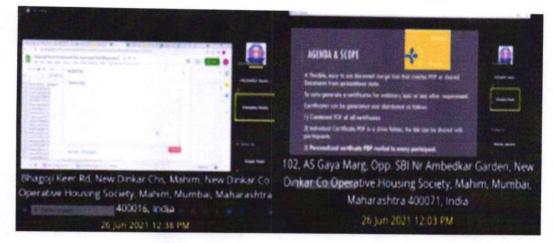
### Outcome-

Participants were motivated to practise yoga regularly, making healthier choices and following lifestyle patterns that foster good health.



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## APPLICATIONS OF AUTOCRAT SOFTWARE



Title – Applications of AutoCrate Software Date – 26th June, 2021 Organiser- Department of maths No. of participants- 60 participants **Objectives –** 

To enable participants to use AutoCrat Software for auto-generation and mailing of certificates and other documents.

### Report-

Considering the need for e tools for making documents, an online workshop on Applications of AutoCrat for generating E-certificates and other documents was organised by the department of Mathematics & Statistics on 26th June, 2021 between 1:00 - 2:00 pm. The features and applications of AutoCrat Software were explained to participants by means of a PPT followed by demonstration of creation of a job and mailing the certificates. Queries and doubts of participants were answered followed by feedback. Learning material and relevant links for further practice were mailed to all the attendees. A total of 60 participants benefited from the workshop.

### Outcome-

- Attendees were made aware of the features of Autocrat.
- Participants are able to create a job and auto-send certificates for responses to a Google form.



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### SECURING WEBEX SESSION

BSCIT DEPARTMENT OF Lala Lajpatrai College of Commerce and Economics			To send Invitation to Participants		
	Organi A SESSIO "SECURING WEB Date: 3rd Ju Time: 11:30am t	N ON EX SESSION" ly 2021		English and Record	<u>(0)</u>
Li	Regsiter Here nk for the Webinar:	Click h			
Co-ordinator of BSc-IT	Prof. In-Charge	Vice-Principal	Principal	Anoth with your local areas	
Prof. Nidhi Singh	Kidhi Singh Prof. Suochra Lalaniya Dr. Arun S. Poojari Dr. Neelam Arora & Prof. Jayaheee Parab			Senser ML - https://doi.org/active/activ	

### Title - Securing WEBEX Sessions

Date - 3rd July, 2021

Organizer- the Teaching staff members of Lala Lajpatrai College

No. of participants- 45

### Objectives -

- To provide to the Teaching staff members from Lala Lajpatrai college the skill of using WEBEX securely.
- This will help teachers as well as students in a smooth Teaching and learning process.

### Report-

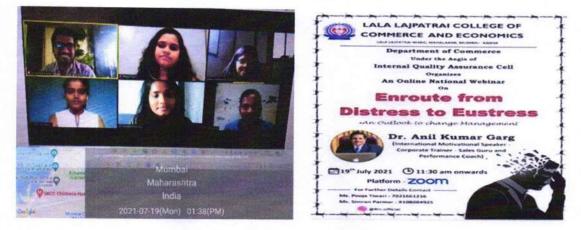
This Session was organised especially for the Teaching staff members of Lala Lajpatrai College. The participants were given hands-on practical experience on how to make WEBEX Sessions by using simple tips. Every participant was made aware of the importance of making the sessions secure.

- The participants got an idea on how to conduct sessions on WEBEX in a secured fashion.
- The students could not interfere with the learning platform and sessions could be conducted smoothly without any nuisance.



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## ENROUTE FROM DISTRESS TO EUSTRESS



Title – Enroute from Distress to Eustress Date – 19<sup>™</sup> July 2021 Organiser- Department of Commerce No. of participants- 192 **Objectives -**

- To create awareness about eustress (positive stress) among the participants
- To overcome the fear of anxiety caused by distress

#### **Report-**

Department of Commerce under the Aegis of Internal Quality Assurance Cell organised an Online National Webinar on Enroute from Distress to Eustress – An Outlook to Change Management dated 19 th July 2021 through zoom platform. Dr. Anil Kumar Garg was the guest speaker for the webinar. He explained in detail about handling stress in our life. He also explained positive and negative stress and how to manage the distress. It was a very informative and explanatory session.

- Eustress results in positive feelings of contentment, inspiration, motivation etc.
- Ways means to cope up with the negative impact of stress.



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### **PRESENTATION CHOREOGRAPHY - A PATHWAY FOR CREATING EFFECTIVE**

PRESENTATION USING PPT



Title – Presentation Choreography - A Pathway for Creating Effective Presentation using PPT Date – 27<sup>th</sup> July,2021 Organiser- Department of maths No. of participants- 300 **Objectives –** 

To enable participants make effective presentations using the various tools available in Microsoft PowerPoint

### Report-

The workshop had been organised by the Department of Mathematics & Statistics jointly with the Professional Development Committee under the aegis of IQAC on 27<sup>th</sup> July, 2021 from 11:00 am to 1:00 pm. It was a National Level webinar with faculties, non-teaching staff and students participating from various states across the country. Mr. Asif Rampurawala, Vice-principal, VJIT College, Mumbai was the Resource Person. The resource person first briefed about the various commands in the toolbar of the interface and then practically demonstrated how they can be used. He also gave a demonstration of recording voice in a ppt and converting it into a video. 300 students attended this webinar.

#### Outcome-

Participants came to know various features of Microsoft PowerPoint and also to incorporate them in their presentations for effective Teaching-learning.

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## **BUSINESS COMMUNICATION & ETIQUETTE TO FOLLOW IN THE CORPORATE**



Title - Business Communication & Etiquette to Follow in the Corporate

Date – 7th August, 2021

Organizer- DLLE Unit of Lala LajpatRai College of Commerce and Economics in collaboration with BAF department

No. of participants- 140

### Objectives -

- To tell the students the importance of business communication and etiquette.
- To tell the students about business communication and etiquette to follow in the corporate world.

### **Report-**

The DLLE Unit of Lala Lajpatrai College of Commerce and Economics in collaboration with BAF department organised a National Level Webinar on the topic- Business Communication and Etiquette to follow in the Corporate World. It was organised on 7th August, 2021. The speaker of the session was Ms Nidhi Sethi. She is a HR Consultant, Image Consultant & Soft Skills Trainer.

Platform: Zoom App & Youtube Live.

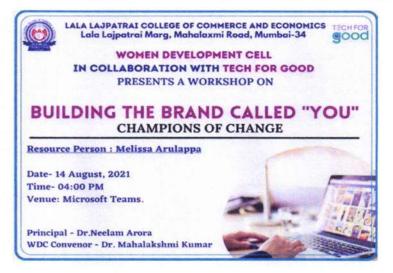
We got participation of 140 students in the webinar

- Students learned the importance of business communication and etiquette.
- Students learned about business communication and etiquette to follow in the corporate world.



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### WORKSHOP ON BUILDING THE BRAND CALLED 'YOU'



Title – Building the brand called you Date - 14<sup>TH</sup> AUG, 2021 Organiser- WDC No. of participants- 166 participants

### **Objectives** -

- To help the participants to create their strong personal brand through various means.
- To expose the creative and technical process that goes into making and maintaining a brand.

### Report-

Women Development Cell in collaboration with Tech for Good organized a Webinar on Building the brand called You dated 14<sup>th</sup> August, 2021. The resource person for the webinar was Ms. Kriti Talwar (Project Head] Tech for Good) & it consisted of 166 participants.

### Outcome-

The participants became aware about the need for building a strong personality and learnt various means to do so.



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### WORKSHOP ON USE OF MOODLE



Title – Use of Moodle Date – 24<sup>th</sup> August, 2021 Organiser- Department of BScit No. of participants- 45

### **Objectives** -

- To provide to the Teaching staff members from Lala Lajpatrai college the skill of using Moodle for better management of Teaching and Learning Process.
- This will help teachers as well as students in Teaching and learning process.

### Report-

This Session was organised especially for the Teaching staff members of Lala Lajpatrai College in collaboration with IQAC. The participants were given hands-on practical experience on use of moodle by the resource person. Every participant was made aware of the importance of use of Moodle in today's learning environment.

- 1. The participants got an idea on how to use LMS Moodle practically.
- 2. They got to know the variety of activities they can carry out using Moodle



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### PPT PRESENTATION COMPETITION



Title – PPT Presentation Competition Date – 31st August 2021 Organizer- the DLLE Unit & B.A.F Department No. of participants- 25

### **Objectives** -

- To create awareness about social problems among the students.
- To motivate the students in taking part in competition and thus improve their presentation skills.

### Report-

An online event was organised on 31st August 2021 by the DLLE Unit & B.A.F Department on the ppt competition. The event was conducted via a zoom meeting. Ms. Dhara Soni was the Guest of Honor of the event. A total of 25 students participated in the webinar and made it a great success.

### Outcome-

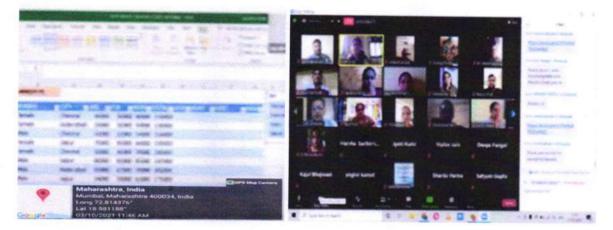
Students got an opportunity for team work and enhancing their communication and presentation skills.



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# WORKSHOP ON EXCELING USING EXCEL - A PATHWAY FOR CREATING

### EFFECTIVE PRESENTATION USING PPT



Title – Exceling Using Excel Date – 03 September 2021 Organizer- Department of maths No. of participants- 346 **Objectives –** 

The objective of the workshop was to focus on time-saving techniques that will allow getting your work done faster with Excel.

#### **Report-**

National Level Workshop on "Exceling Using Excel- Pathway to learn different Tools and Techniques" was organised on 03.09.2021 from 11.30 am to 1.30 pm by Dr. Vinay Pandit, Mr. Nimesh Punjani, Ms. Vishakha Walia, Mr. Chetan Maru, Ms. Jyoti Singh, the workshop started on 11.30 with the inaugural session hosted by Ms. Vishakha Walia, followed by the welcome address by Dr. Neelam Arora. The introduction of the resource person Ms. Jayshree Shetty was given by Dr. Vinay Pandit. Ms. Jayshree Shetty started with the basics of excel followed by advanced excel including functions, graphical representation of data, lookup functions and filtration of data. Various techniques of data analysis were discussed. Technical session was followed by Q & A session which was hosted by Mr. Nimesh Punjani. Vote of thanks followed the Q & A session which was given by ms. Jyoti Singh. The workshop concluded with the national anthem.

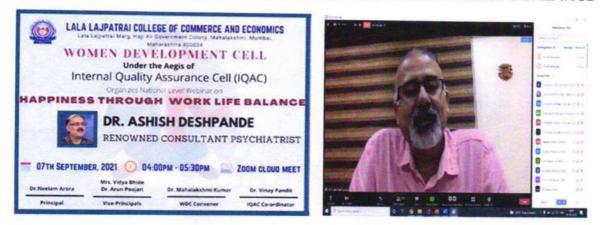
#### Outcome-

The participant developed Time-saving techniques which will allow doing the work faster with Excel.



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# NATIONAL LEVEL WEBINAR ON HAPPINESS THROUGH WORK-LIFE BALANCE



Title –Happiness through work- life balance Date – 7<sup>TH</sup> September, 2021 Organizer- WDC No. of participants- 192

### **Objectives** -

The objective of the programme was to make participants learn about the various ways of management of professional and personal life to achieve success and happiness in one's life.

#### **Report-**

Women Development Cell organised a Webinar on Happiness through work - life balance dated 7<sup>th</sup> September, 2021. The resource person for the webinar were Dr. Ashish Deshpande (Renowned Consultant Psychiatrist). It consisted of 192 (Male- 53, Female-139) participants.

#### Outcome-

Participants were taught how to handle personal and professional space through various methods so as to handle stress effectively and achieve a satisfied life.



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# WORKSHOP ON RESUME BUILDING & PERSONAL INTERVIEW INSIGHTS



Title - Resume building and personal interview insights

Date - 16<sup>th</sup> Sep 2021

Organiser- BFM Department of Lala Lajpatrai College

No. of participants- 145

### Objectives -

- To create awareness about the importance of preparing a good resume for job applications in the minds of students.
- To give insight to the students about what kind of questions are asked in job interviews.
- To provide the students with adequate knowledge to equip them to excel at both these activities

### Report-

The BFM Department of Lala Lajpatrai College organised this webinar on RESUME BUILDING & PERSONAL INTERVIEW INSIGHTS on 16<sup>th</sup> September 2021. The BFM Department in collaboration with Rotaract Club of Lala Lajpatrai College & Career Launcher decided to hold a series of webinars for students across all streams on various topics which would aid the students' learning and ability to transcend into good career options after their graduation. So keeping in line with this, the first webinar in the series was held/ the resource person was Mr. Saptarshi Biswas – Product Manager MBA Division of Career Launcher. The resource person was highly knowledgeable in this area of expertise and conducted an in-depth session for the understanding of the students as most of the students did not know and understand the true importance of having a good solid resume and approach towards personal interviews. The session was well received by over 145 participants. E-Certificates were given to the attendees

### Outcome-

- The participants of the webinar were able to appreciate the importance of creating a customised resume for each job application individually
- Knowledge about different types of resume formats available in the market Importance and scope of how to condition yourself for giving a good job interview.



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## CREATING IMMERSIVE PROFESSIONAL LIFE



Title – Creating Immersive Professional Life Date – 18<sup>th</sup> September, 2021 Organizer- BSCIT No. of participants- 85

### **Objectives** -

- To provide to the students of BSC IT Department, an idea of the types of problems faced by students in professional life and how to deal with them.
- This would help them be prepared for their professional life better.

### **Report-**

This session was organised especially for the students of BSCIT Department of Lala Lajpatrai College. The students of FYBSCIT, SYBSCIT and TYBSCIT participated in this session where the participants were given ideas of specific problems they can face in their professional life and how exactly they should face these challenging situations.

- The participants got a clear picture of what to expect in their professional Life.
- This would be able to work upon their weaknesses and be more prepared for their professional life.



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### BE THE CHANGE IN YOU WANT TO SEE



Title - Be the change you want to see

Date – 7<sup>th</sup> October 2021

Organizer- DLLE Department along with BAF's Department's Social Welfare Program of LLRC No. of participants- 88

### **Objectives** -

- To give students information about how to avoid plastics.
- To tell the students the importance of securing the environment.

### Report-

The DLLE Department along with BAF's Department's Social Welfare Program of LLRC had collaborated with Change in US. They had organised a webinar on the change you want to see –an initiative towards green peace. The speaker for the webinar was Mr. Shubh Mehta co-founder changed us. He gave us insights about securing our environment, how to avoid plastics, beach cleanup etc. This webinar was conducted via Zoom app.

### Outcome-

- Students learned about how they can avoid plastic.
- Students learned the importance of securing the environment.



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### ZUMBA SESSION



Title – Zumba session Date – 8<sup>th</sup> October 2021 Organizer- B.A.F Department of LLRC No. of participants- 96 **Objectives –** 

- To give information about the benefits of Zumba to students.
- To teach student types of Zumba.

#### Report:

BAF Department of LLRC had organised a Zumba session. MR. Shiv Kewat Sir is a Zumba Education Specialist, Dance choreographer, Men's Physique Athlete and an Actor too. This session was held online on the zoom platform from 4:30pm - 5:30 pm. All the students did zumba on Latin and Bollywood songs. Sir gave information about the benefits and the types of zumba. Students enjoyed the session and they felt energetic, refreshing and relaxed after the session.

### Outcome-

- Students learned the benefits of zumba.
- Students learned different types of Zumba.



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